



PGDAV COLLEGE

(University of Delhi)

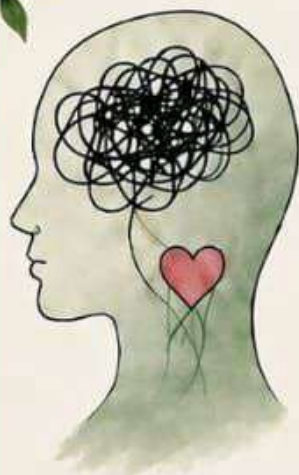
EXCELLENCE • VALUES • SERVICE



Beyond academics:

Thriving in Your First Year of College

Understanding the psychology of transition



Prof. Darvinder Kumar
Principal
PGDAV College
University of Delhi



Dr. Nitin Anandi Lal
Speaker
Clinical Psychologist



Date – 19 August 2026



Time – 12 p.m. to 1 p.m.



Venue – Old Seminar Hall



ORGANISING COMMITTEE

Ms. Sarbani Kumar
Convenor
Anti Ragging Committee

Dr. Kundan Kumar
Co-Convenor
Anti Ragging Committee

• Anti Ragging Committee •

A new chapter. A new you.