



# STUDENT WELLNESS CENTRE

PGDAV (M) COLLEGE, DU

*presents a session on*

# BEYOND ACADEMICS

*Taking Care of Psychological Well-Being.*



**Prof. Darvinder Kumar**

Patron  
Principal  
PGDAV College



**Ms. Tanya Jawa Arora**

Speaker  
Consultant  
Clinical Psychologist



**Dr. Prerna Khanna**

Speaker  
Sr. Consultant  
Clinical Psychologist

**DATE : 19TH FEBRUARY 2026**  
**TIME : 11 AM TO 1 PM**  
**VENUE : OLD SEMINAR HALL**

## Organising Committee

**Dr. Nitin Anandi Lal**

Visiting Consultant  
Clinical Psychologist

**Ms. Sarbani Kumar**

Coordinator  
Mental Health and Wellness Committee

**Ms. Renu Kapoor**

Co-Coordinator  
Mental Health and Wellness Committee