



P.G.D.A.V. College

University of Delhi

Nehru Nagar, Ring Road, New Delhi – 110065

Website: <http://pgdavcollege.in>

Email: pgdavcollege.edu@gmail.com

Supporting document

for

**Annual Quality Assurance Report, 2021-22
Criteria 5.1.3**

***Student Support -Capacity building and skills
enhancement initiatives taken by the institution
including***

- 1. Soft skills, 2. Language and communication skills,***
- 3. Life skills (Yoga, physical fitness, health and
hygiene), 4. ICT/computing skills***



SATARK

THE CONSUMER CLUB OF PGDAV COLLEGE



KSS

(KNOWLEDGE SHARING SESSION)

Topic:

Net Banking - A Blessing or curse?

BY:SHIVANI ARORA AND RITVIK BHAYANA

Register Here:-



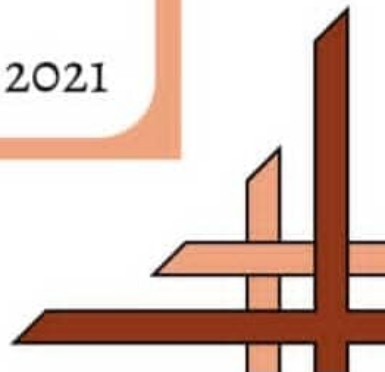
GOOGLE MEET



4PM ONWARDS



30TH OCTOBER, 2021





SATARK

THE CONSUMER CLUB OF PGDAV COLLEGE



KSS

(KNOWLEDGE SHARING SESSION)

Topic:

*Social Entrepreneurship And
It's Impact On Consumers*



BY: ANANYA SINHA

Register Here:-



GOOGLE MEET



4PM ONWARDS



06TH FEBRUARY, 2022



SATARKPGDAV



SATARKPGDAV



SATARK-THE CONSUMER CLUB OF PGDAV COLLEGE



KSS (KNOWLEDGE SHARING SESSIONS)



• 1st KSS

Satark started with its first KSS series on 13th August 2021. In this session, Shivani Arora & Siddharth Dua enlightened us on the topic of **Data Breach And How Far It Has Spread In Business, healthcare, education, banking & government sectors**. It helped us to know how to protect our data.



• 2nd KSS

It was organised on 30th October 2021.

Joint secretary Shivani Arora and content member Ritvik Bhayana gave us an insightful session on **Net banking:- A Blessing Or Curse?**. The Q/A made the session interactive as well as informative, cautioning the audience to be cautious of the frauds happening around them.



• 3rd KSS

Vice President, Ananya Sinha illuminated all on the topic - **Social Entrepreneurship and its Impact on Consumers**. She emphasized how social entrepreneurs can focus on developing an equal and just society by providing economic and social security. She made the session interactive by video clips, graphs and question and answer rounds.



• 4th KSS

Ms. Pragya, a B2B Social Media Marketer, LinkedIn Strategist and Ed-Tech Enthusiast enlightened us on the topic - **LinkedIn Profile Optimisation**. The session gave an insight to many basics yet useful metrics of linkedin. At the end, a Question and Answer session was held to solve the queries of the participants.



**WHAT BUSINESS ENTREPRENEURS ARE TO THE ECONOMY,
SOCIAL ENTREPRENEURS ARE TO THE SOCIAL CHANGE**





SATARK

THE CONSUMER CLUB OF PGDAV COLLEGE



KSS

KNOWLEDGE SHARING SESSION

Topic:
Data Breach

BY: SIDDHARTH DUA, SHIVANI ARORA

{ JOIN US ON GOOGLE MEET }
{ 13TH AUGUST 2021 AT 4 PM }

 SATARKPGDAV

 SATARKPGDAV

 SATARK THE CONSUMER CLUB OF PGDAV COLLEGE





SATARK

THE CONSUMER CLUB OF PGDAV COLLEGE

In collaboration with



CONSUMERS INDIA

Presents an interactive session on

CONSUMER FIRST



DR. JAYASHREE GUPTA

PRESIDENT, CONSUMERS INDIA

FORMER ADDITIONAL SECRETARY TO THE
GOVT. OF INDIA

Register Here :



<http://bit.do/Consumerfirst>



SEPTEMBER 11, 2021



ZOOM



4 PM ONWARDS

The webinar is open for students from all colleges.
E-Certificates will be provided to all attendees.





placementcell_pgdav



THE PLACEMENT CELL

in association with

IQAC

P. G. D. A. V. COLLEGE | UNIVERSITY OF DELHI



presents

A Webinar on Guesstimates and Case Studies

BY



Mr. Priyank Ahuja

13 years experience in Management Consulting
and Marketing Strategy & Operations
Product Manager, Accenture
Mentor Hultz Prize IIT Bombay,
180 Degrees Consulting

13th August, 2021

5:00 PM

Google Meet

PRINCIPAL: Prof. Krishna Sharma

IQAC COORDINATOR: Ms. Anu Kapoor

CONVENER: Ms. Kiran Yadav



58 likes



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N.S.S. P.G.D.A.V. COLLEGE
(University of Delhi)




LEVERAGE YOUR OWN POWER

Things to know about RTI Act in India

SWIPE →

**VIGILANCE
AWARENESS WEEK - 2021**

26th October - 1st November

 /Nsspgdavcollege

 /Nsspgdavcollege



3. FIT INDIA FREEDOM RUN 2.0 (CELEBRATING 75 YEARS OF INDIA'S INDEPENDENCE)

"RUNNING: The human body's rawest form of FREEDOM" - Sports Authority of India

With immense pride and pleasure, we would like to inform you all that N.S.S, P.G.D.A.V. College organized a FREEDOM RUN in the college campus with our NSS volunteers, under the government initiative of the FIT India Freedom Run 2.0 to celebrate 75 years of India's Independence- Azadi Ka Amrut Mahotsav.

Our Principal Mam Dr. Krishna Sharma was also present in the college with our NSS team. She enlightened us all by throwing light on the significance of fitness and healthy lifestyle and urged all the volunteers to actively participate in the freedom run. 90 volunteers which included NSS members and students from various courses, faculty members and staff actively took part and ran in this freedom run with great enthusiasm and covered a distance of around 1.5 km while running.

Due to the ongoing pandemic restrictions, all our volunteers couldn't go to college to take part in the freedom run. So the remaining volunteers joined this programme through google meet and cheered up the participants. Also the members who joined through online mode participated in the event by performing some yoga asanas and meditation.



N.S.S. P.G.D.A.V. COLLEGE

(University of Delhi)



On the auspicious occasion of

KARGIL VIJAY DIWAS

Webinar on the topic:

THE POWER OF PERSEVERANCE

Our guest of honour:

Major General Vikram Dev Dogra, AVSM

IWA Sword of Honour, Commanded Poona Horse, 130 Armoured Brigade and 23 Infantry Division, UN Military observer in UN Peacekeeping forces. Fitness enthusiast. First serving Army Officer and only General in the world to do Ironman Twice



25th July 2021



6:00 P.M.



Google Meet

R.S.V.P.
Team NSS

Sanjay Kumar Singh
Programme Officer

Dr. Aparna Pandey
Co-convenor

Prof. Krishna Sharma
Principal



N.S.S P.G.D.A.V. COLLEGE

(University of Delhi)



PRESENTS WEBINAR ON

ENGAGING YOUTH FOR DRUG ABUSE PREVENTIONS

Venue- Google Meet

Date- 31st December

Time - 3:30 P.M.

REGISTER-

<https://forms.gle/LD8au4FwVLuhMFU78>



**Dr. Rajesh Kumar,
EXECUTIVE DIRECTOR**

SPYM centre, 111/9 opp. Sector
B4(CNG Station), Vasant Kunj. New
Delhi-70

E- certificates to all the participants

**R.S.V.P
TEAM NSS**

**Sanjay Kumar Singh
Programme Officer**

**Dr. Aparna Pandey
Co-convenor**

**Prof. Krishna Sharma
Principal**



/NSSPGDAVCOLLEGE





P.G.D.A.V. COLLEGE

(University of Delhi)



National Service Scheme, PGDAV
in association with
Spandan (A Voice of Effort, NGO)
Is organising a workshop on

Overcoming Discouragement in Life



**PROFESSOR
KRISHNA SHARMA**

Principal,
PGDAV College

**MR. DASA
RAGHUNATH DAS**

B. Tech - IT
Life skill mentor &
Counsellor
Head of i-luminate
Program



22 January, 2022



1:00 P.M - 3:00 P.M



Zoom

R.S.V.P.
Team NSS

Dr. Aparna Panday
Co - Convenor

Sanjay Kumar Singh
Programme Officer

All are cordially invited to this workshop.



NSS P.G.D.A.V COLLEGE



Presents

WEBINAR ON

Overcoming Anxiety and Fear in Uncertain Times

AROUBA KABIR
 Mental Health
 Therapist/Counselor
 Founder, Enso Wellness.

On Friday, 14th May 2021 at 3:00 PM
 Venue - Google Meet

R.S.V.P
(Team NSS)

Sanjay Kumar Singh
(Programme Officer)

Dr. Aparna Pandey
(Co-convenor)

Dr. Krishna Sharma
(Principal)



/nsspgdavcollege





PGDAV COLLEGE , UNIVERSITY OF DELHI

NSS PGDAV , IQAC & Staff Association



In association with

Yog Vigyan Evam Manav Kalyan Trust & Swanubhuti(Sangathan)

is organising two weeks programme [11th June - 24th June 2021] on mental , physical and spiritual health for well being, social awareness and community outreach programme for people of all sections of life.

GUESTS & SPEAKERS



Dr. Krishna Sharma
Principal
P.G.D.A.V College



Sh. Ram Kishore Goyal
President
Yog Vigyan Evam
Manav Kalyan Trust



Sh. J.S. Solanki
Ex. Addl. G.M, NBCC
& Yoga Expert



Sh. Acharya Narendra
President, Swanubhuti
Yoga Expert &
Marma Therap Specialist



Ms. Muskan
Ex-PGDAV Student
& National Gold Medalist

DATE - 11TH JUNE - 24TH JUNE 2021
TIME - 6:30 A.M - 7:30 A.M

All are cordially invited.

PLATFORM
zoom

Organisers
Staff Association & Team NSS

Dr. Aparna Pandey
(Co-convenor)

Sanjay Kumar Singh
(Programme Officer)

[/nsspqдавcollege](#)



THE PLACEMENT CELL

in association with
IQAC



P. G. D. A. V. COLLEGE | UNIVERSITY OF DELHI
presents

Investor Education Program

by



90 minutes session on
Basics of Investing in Stock Market

 20th August, 2021

 4:00 PM

 Paytm Money App

PRINCIPAL: Prof. Krishana Sharma
IQAC COORDINATOR: Ms. Anu Kapoor
CONVENOR: Ms. Kiran Yadav

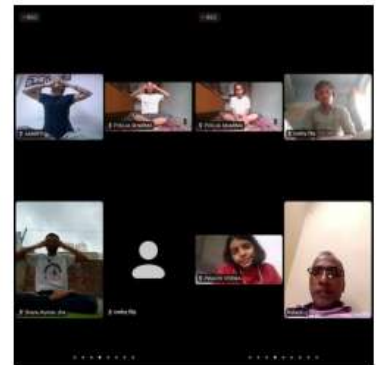
DAY 1 of Online Yoga Session

"Yoga is a light, which once lit, will never dim, the better your practice, the brighter the flame". NSS PGDAV (M) on the favorable occasion of International Day of Yoga presented two days of yoga online sessions. On the 20th of June, the honorable guest for the session was Shri Ram Kishore Goyal Ji. The session started with the prayer and carried on with the speech of Shri Ram Kishore Goyal Ji in which he highlighted the physical and mental benefits of yoga and its significance in our day-to-day busy lifestyle. This session covered activities mainly focusing on the elbow, shoulder, and hands. Also, he covered rough daily routines for youngsters pointing to time management and diet. At last, the session with Q&A session and two of the prayers.



DAY 2 of Online Yoga Session

N.S.S PGDAV College triumphantly organized a 2-day yoga session on the occasion of 'international yoga day'. Its second day was inaugurated by our guest speaker Mr. ACHARYA NARENDRA Ji president of Swanubhuti and Yoga expert. First, the opening ceremony started with a Sanskrit shloka by the Acharya Ji. He exquisitely explained every basic step of yoga particularly he emphasizes to do all the asanas without any mental stress. Overall, We were able to cover all the asanas with utmost precision and guidance. So here are the glimpses of our successfully organized event.



**NATIONAL SERVICE SCHEME
P.G.D.A.V. COLLEGE
NEHRU NAGAR, RING ROAD
NEW DELHI , 110065**

Two Weeks Programme on:- MENTAL, PHYSICAL AND SPIRITUAL WELL BEING & INTERNATIONAL DAY OF YOGA

EVENT	MENTAL, PHYSICAL AND SPIRITUAL WELL BEING & INTERNATIONAL DAY OF YOGA	COLLEGE	PGDAV College , University Of Delhi
PROGRAMME OFFICER	Sh. Sanjay Kumar Singh	DATE	11th June to 24th June 2021



Truely said, "You may not be able to control the whole world, but you may learn to control your inner world through Yoga". Having the same spirit in mind, The N.S. S. Unit of P.G.D.A.V. College, IQAC & Staff Association in association with Yog Vigyan Evam Manav Kalyan Trust & Swanubhuti (Sangathan) is organising a Two Week Long programme on Mental, Physical and Spiritual Health from 11th June to 24th June, everyday from 6:30A.M. to 7:30A.M.



Along with the Yoga experts, the Programme inaugurated with the stimulating presence of Dr. Krishna Sharma, Principal, P.G.D.A.V. College. The programme was mentored by the prestigious Yoga Experts namely, Sh. Ram Kishore Goyal, President, Yog Vigyan Evam Manav Kalyan Trust, Sh. J.S. Solanki, Sh. Virendra Mehta



Apart from these, the programme also had Acharya Narendra, President, Swanubhuti (Sangathan) & Therapy Specialist and Ms. Muskan, Ex-PGDAV Student and National Gold Medalist as Yoga experts.



The aim of the programme was to get a maximum community outreach and to spread the awareness of Yoga and it's benefits as well as the importance of mental, physical and spiritual health for well being. The programme had an average presence of atleast 250 people everyday including people from all sections of life, volunteers and staff members of PGDAV College.



Meanwhile the Unit also celebrated the 7th International Day of Yoga on 21st June where along with the Principal Ma'am, the Unit had the presence of dignitaries namely, Swami Chintnamay Anand Ji from Sri Paramhans Ashram Aakhnir, Faridabad; Captain Parminder Sehgal, Programme Coordinator, NSS, DU and Acharya Narendra Ji. The Theme of IDY'21 was "Yoga for Wellness" and team tried in every aspect to promote the holistic health through Yoga about nsing to a new level of balance and competence in all aspects of life". The Unit tried it's maximum to spread the same to the community at large. And this could have been possible because of the United efforts of the Programme Officer of NSS, PGDAV College, Sh. Sanjay Kumar Singh, Programme Coordinator, Dr. Aparna Pandey, all the NSS Volunteers, Staff Association and the dignified Yoga experts.





8. Menstrual hygiene awareness campaign and distribution of sanitary napkins

NSS PGDAV in collaboration with 'Ritva-DSC' conducted sanitary napkins distribution drive in a slum area adjacent to the college. The motive of the drive was 'Awareness about menstruation among women. Nineteen volunteers were involved in this drive. They also performed a Nukkad Natak to educate ladies about menstruation health and safety.

The topic was PRAKRITI KI DEN HAI MAAHVARI. All the volunteers gave their best to this event. The event was successful and went well.

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X LinkedIn Masterclass



MS. VAGISHA ARORA

Featured in Top 10 Content Writers of India | LinkedIn Strategist | Public Speaker

DATE: 31.10.2021 TIME: 4PM

VENUE: ZOOM



PGDAV COLLEGE , UNIVERSITY OF DELHI

NSS PGDAV , IQAC & Staff Association



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Sanjay Kumar Singh
(Programme Officer)

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N.S.S. P.G.D.A.V. COLLEGE

(University of Delhi)

Presents:



A session on **The Art and Science of Happiness**

(YOUR MENTAL HEALTH IS PRIORITY. YOUR MENTAL HEALTH IS
ESSENTIAL. YOUR SELF-CARE IS NECESSARY)



Our Guest Speaker:

Shivam

Author and Speaker
Emotional Intelligence Life Coach



<https://forms.gle/pzrkq46dzt5ptmbW8>



16th August 2021



4:00 P.M.



Google Meet

R.S.V.P.

Team NSS

Sanjay Kumar Singh

Programme Officer

Dr. Aparna Pandey

Co-convenor

Prof. Krishna Sharma

Principal

1 of 1

DEPARTMENT OF ECONOMICS &
IQAC, PGDAV COLLEGE

AN ONLINE CERTIFICATE COURSE ON

DATA ANALYSIS USING R

APRIL 12-29, 2022

REGISTER [HERE](#) BY 10TH APRIL

COURSE FEE: **Rs. 500**

Email:

[dataanalysis_r@pgdav.du.
ac.in](mailto:dataanalysis_r@pgdav.du.ac.in)

Prof. (Dr.) Krishna Sharma
(Principal, PGDAV College)

MORE INFO [HERE](#)

OPEN TO ALL DU STUDENTS

Dr. Varun Bhushan
(Course Convener & HoD)